

## Resources for Nurturing the Earth Presentation

As Jane Goodall said, “You cannot get through a single day without having impact on the world around you. What you do makes a difference and you have to decide what kind of difference you want to make.”

- Blueland (various home products): <https://blueland.com>
- BITE (toothpaste and other products): <https://bitetoothpastebits.com>
- Carbon almanac (short hopeful climate news post every day): <https://thecarbonalmanac.org>
- Cora Ball (washing machine aid to limit microfibers in the wash): <https://coraball.com>
- Epicurean (cutting boards and other kitchen products; based in Duluth): [www.epicurean-us.com](http://www.epicurean-us.com)
- Forks Over Knives (plant-based recipes and information): [www.forksoverknives.com](http://www.forksoverknives.com)
- Francis (restaurant in northeast Minneapolis): <https://francisburgerjoint.com>
- Grove (various home products such as cleaning supplies, compostable parchment paper, coffee filters, “green pan” pots and pans): <https://grove.co>
- Join the Shift (Project Drawdown): <https://jointheshift.earth>
- Laundry sheets: google “laundry sheets made in USA”
- Netflix movie, “Buy Now”
- Patric Richardson: <https://laundryevangelist.com>
- Perennial Percent Program (initiative of The Land Institute to promote use of Kernza, Cascadian Farms cereal in your grocery store): <https://landinstitute.org>
- Physicians Committee for Responsible Medicine (PCRM) (plant-based diet and science information): <https://www.pcrm.org>
- Ridwell: <https://ridwell.com>
- Rooted Green Wellness (local plant-based cooking classes): <https://rootedgreenwellness.com>
- Shop For Change (PRISM): <https://prismmpls.org>
- TARE Market (stores in Northeast and South Minneapolis): [www.taremarket.com](http://www.taremarket.com)
- Vidalia Chop Wizard: <https://chopwizard.com>
- Who Gives a Crap (toilet paper, paper towels, tissues): <https://us.whogivesacrap.org> (they donate 50% of profits to help provide clean water and toilets around the world; products made with 100% recycled paper or bamboo)

### **Products I have not used, but seem worth checking out:**

- Earth Hero (various home products): <https://earthhero.com>
- Girlfriend Collective (exercise wear using recycling): <https://girlfriend.com>
- Tru.Earth (various home products): <https://tru.earth>